

How to Choose the Best Natural Topical Creams For Dry Skin

The needs for natural topical creams for dry skin arise from the fact that most of the creams found in the market today are of no use whatsoever. The creams we purchase from the market usually have minuscule quantities of active agents that help in getting rid of dry skin. For example, minerals like calcium, potassium, sodium or iron are absent in most of these creams and Vitamin E too. On the other hand they contain substances that are potentially extremely harmful for the human skin. A serious lack of quality creams for getting rid of dry skin in the market promotes the cause of natural topical cream for dry skin. Yet these are not that easily available in a general store. The face and the body skin are both aided such creams used in face packs or simple lotions. The natural topical cream for dry skin can be used in a face mask that can be absorbed by skin cells after around 20 or 30 minutes of its application. The excess can just be wiped off the skin after the stipulated time. These sorts of natural varieties of creams for getting rid of dry skin in fact work very well on the dry skin on the neck and the face. What are the active contents in natural creams for getting rid of dry skin? There are plenty in fact. There is honey, coenzyme Q10, natural vitamin E, macadamia oil, avocado oil and different natural extracts that nourish and moisturize the skin at the same time. The oils are analogous to the sebum of the skin and thus they perform the moisturizing function. They also are rich in antioxidants that help rejuvenate skin cells and heal them too. The honey and other natural contents help retaining the moisture in the skin that provides a long-term relief. The body cream of a natural topical variety would ideally have jojoba wax. This is the seed residue of the jojoba plant in North America. This wax helps moisturize and soften the skin. It erases wrinkles on the skin along with stretch marks. This wax also cures scars along with psoriasis and similar skin disorders. The wax works by moistening the cream due to the fact they are absorbed readily by the skin cells. Next it also helps the skin retain the moisture and works well to get rid of dry skin. Grape seed oil is also an important ingredient in natural creams for dry skin. The oil performs similar moisturizing functions and also helps lock the moisture in the skin, thereby reducing the dryness of the skin after applying the cream. Other benefits include antioxidant functions and source of natural Vitamin E. Kelp is also a good natural source of antioxidants. Additionally, kelp helps retain moisture balance of the skin. Thus kelp could be an ingredient in the natural topical creams for dry skin we are talking about here. Most creams for getting rid of dry skin, that are found in the market are petroleum-based products that are way more harmful and way less effective than these natural creams. The pH balance of the skin is disturbed along with reduction in the moisture content of the skin. Hence, always remember to go for natural topical creams for dry skin for best results.

About the Author

Christy S endorses Cher Sern Lim who is a natural skin care researcher with more than 7 years of experience in [natural skin care treatment](#). Please visit <http://www.BeautySkinCareCream.com> for more information on choosing natural topical creams to get rid of dry skin.

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