

## Hair loss and its treatment options

Hair loss treatments are available in the market in plenty. But it is advisable to consult your doctor before employing any because your doctor will suggest you the right treatment after examining your condition and hair type. There are cases where people have themselves selected any of the treatment and had got unfavorable results. Hair loss is one such condition which can destroy your appearance badly. With hair on your head, you often feel ashamed, embarrassed, low in confidence which ultimately affects you. Hair loss is prevalent in both genders. However the quantity of hair loss in men is more than in women. Also you may have seen men with a bald head but women having small portions of head without hair. Let's discuss some of the hair loss systems which are beneficial in preventing hair loss.

- Natural treatments- Green tea is one of the natural treatments for hair loss. This can reduce the testosterone in the blood. Sage tea and apple cider vinegar also play an important role in stimulating hair growth on the scalp. Try to avoid products like dyes, shampoos, and other products containing harmful chemicals which can destroy the hair follicles thus blocking the further growth of the hair. Taking balanced diet with sufficient nutrients and vitamins and minerals will help in preventing hair loss. Lack of calcium is the main cause of weakening of the hair making it more prone to breakage.
- Profollica- This hair loss system is the best treatment for hair loss. This system prevents hair loss and helps in stimulating hair growth on the scalp. It is a natural formula which can be employed by both men and women. This system does not pose any side effects and is easy to use without needing medical prescriptions. Profollica uses three products i.e shampoo, gel and nutritional supplements. The shampoo helps in reducing scalp and hair dryness and removes excess sebum releasing the hair follicles and allowing the hair to grow. On the other hand the gel helps in increasing the growth of hair by revitalizing the hair follicles and reducing the DHT levels on the scalp. This pack also consists of nutritional supplements which provide nourishment to the hair follicles. It contains several vitamins, minerals, amino acids helping in keeping the hair healthy. Some of the ingredients contains in Profollica are Kigelia Africana, Salvia Sclarea, Ginkgo Bilboba, Panax Ginseng Root Extract and Cinnamomumb Zeylanicum Extract. All these are really beneficial in reducing DHT levels and stimulating hair growth. People often like to adopt natural treatment neglecting other harmful medications and hair transplants. This is so because natural treatments are free from any side effects. So If you are experiencing hair loss and want to prohibit it then employ Profollica hair loss system to get new hair on your head without any side effect.

## About the Author

[Hair loss](#) may happen due to several reasons. Whatever is the reason it is really necessary to select the appropriate treatment. Natural treatments in the form of [Profollica](#) hair loss product is the best option. This treatment contains a shampoo, a gel and nutritional supplements. Check out more on [Hair loss and its treatment options!](#)

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