

A Look At Surgical Procedures Used In External Hemorrhoids

Many people suffering from hemorrhoids are in a dilemma of not knowing how to treat themselves after having been diagnosed with the condition. Hemorrhoids is caused by poor lifestyle and can be treated using proper medication and prescription from doctors. As we all know, hemorrhoids is a condition that involves the swelling of the blood vessels of the rectum and anus. It becomes enlarged that they become connected to the tissues. Although at first there is no pain, eventually it can become painful. At the onset, hemorrhoids is manifested by itchiness and irritation in the anal region. When ignored, these symptoms may continue and may become severe. High blood pressure can aggravate the itchiness and irritation. Although there are different methods of treating hemorrhoids, not all of them are effective. Treatments that do not require surgery include softening the stool which could reduce the irritation and swelling of the hemorrhoids. In addition, non-surgical treatment enhances the mucosal lining of the inner portion of the anal and rectal canal to prevent fissures. However, they are effective only during the early stages of hemorrhoids. For the advanced stages of the condition, the best treatment method is surgery. Prior to undergoing surgery, the patient must first consult a specialist. Depending on the extent of the external hemorrhoids, the surgical procedure may vary. Here we will look at the different forms of surgery used in treating hemorrhoids. One method of hemorrhoid treatment involves exposing the hemorrhoids to an electric current. In sclerotherapy, chemicals are injected within the hemorrhoids. The substances melt the walls of the hemorrhoids and in the process totally removing them. Another surgical method in treating hemorrhoids is cryosurgery. This method is no longer used today because of its side effects. In this procedure, a cryo probe is first frozen at a temperature below zero and then is used in removing the hemorrhoidal tissues. Nowadays, laser is commonly used in removing external hemorrhoids. Moreover, the most painful and effective treatment method of hemorrhoids is the surgical removal by a specialist. Those who have experienced this procedure says that the pain endures even after a successful operation and may persist even during recovery. Due to the extreme pain brought about by this procedure, it is only resorted to when all other methods have failed. These are just some of the surgical procedures that are being practiced in hemorrhoids treatment. Proper medical assistance is quite important prior to undergoing any surgical operation.

About the Author

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