

Erectile Dysfunction - When To Call a Doctor

Seek care immediately if your erection lasts longer than 3 hours. Seek care immediately if you have taken phosphodiesterase-5 inhibitors, such as sildenafil ([Generic Viagra](#)), tadalafil (Cialis), or vardenafil (Levitra), in the past 24 hours and are having chest pain. Tell your health professional you are taking this medicine. Do not use any form of nitroglycerin if you have chest pain and have taken sildenafil (Viagra) or vardenafil (Levitra) in the past 24 hours, or tadalafil (Cialis) in the past 48 hours. Call a health professional if erection problems occur with: Any type of injury to the back, legs, buttocks, groin, penis, or testicles. A loss of pubic or armpit hair and an enlargement of the breasts. Make an appointment to see a health professional within 1 to 2 weeks if an erection problem occurs more than 25% of the time and the problem: Occurs with a persistent backache. Occurs after you start taking a new medicine or change the dose of a medicine. Is affecting your self-image or sense of well-being. Has not improved despite self-care. If your erection problem is occasional, there is no reason to call your health professional. If it occurs frequently but does not bother you or your partner, you may or may not choose to call your doctor. Who To See Some health professionals, including doctors and mental health professionals, may not feel comfortable discussing sexuality and erection problems. Ask your health professional if he or she feels comfortable with and has experience in working with men who have erection problems. The following health professionals can evaluate symptoms of erection problems: Family medicine doctor Internist Nurse practitioner Physician assistant Urologist If it is possible that a psychological problem is contributing to your erection problem, your doctor may refer you to a health professional such as a: Psychiatrist. Psychologist. Certified licensed social worker. Counselor with special training in sexuality or relationship problems.

About the Author

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