

## LASIK Eye Surgery Genuinely Isn't a Frightening Operation

Thinking about eye surgery using a Lasik procedure is a big step, and many people are a little hesitant to ask the questions that they have. While the LASIK procedure is talked about frequently, it usually isn't discussed in a lot of detail and people have a tendency to be afraid of what they don't understand. This report is going to talk about some of the most common fears that people have, and will also talk about the experiences that the vast majority of people experience when they go through a LASIK eye surgery procedure. One of the biggest and most common fears that people have when considering LASIK is the fear of pain and whether it will hurt or not. This doesn't only go for LASIK but it also goes for any other type of operation. Since the surgeon works on a patient that is not put to sleep, this is a very widely held fear. In every LASIK procedure, before the surgeon touches your eyes the patient has numbing drops applied and also is giving a mild sedative to help them relax and be comfortable. About all you will feel throughout the procedure is a small pressure to your eyeball, which is common and doesn't really hurt at all. There is a laser used on your eyeball during the procedure which is used to help reshape the cornea. The many people have the concern of moving their eyeball when the laser shines in it and developing injuries and their eyeball from the effects of the LASIK laser beam. In actuality, the laser is only active for ten to fifteen seconds for each eye, and the Lasik machine has a tracking system that allows the beam to be on only when the eye is in the correct position. Another thing that people are really afraid about when contemplating any type of medical procedure is the scalpel. When the surgeon makes the incision on the eye it is done with a very small microkeratome blade which is attached to a machine, and this isn't always used as some of the more recent innovations in LASIK technology has allowed the surgeon to use the laser itself to make the flap. There is no reason to be concerned about a scalpel, for the Lasik physician does not use one. A lot of people have concerns about the different horror stories they might've heard about different procedures and are concerned about consequences of the operation like blindness. Statistics taken by the government i.e. the FDA, state that there aren't any reported cases of people becoming blind because of a LASIK procedure. The truth is that there is very little risk of any type of permanent complication arising from a LASIK surgery procedure. You have less than 1% chance of getting any type of permanent damage caused from a LASIK eye surgery procedure that is serious, and you have less than a 3% chance for any type of nonserious complications such as light halos. It is extremely rare for a patient to not have improved vision after a Lasik procedure. If the thought of being awake and having your eyes open during the Lasik procedure bothers you, remember that you will be given a mild sedative for the procedure, and that your eyes will have numbing drops administered to them. If the thought of actually seeing somebody's hand approaching our eyeball is a frightening thought, take comfort in the fact that you will have drops put in your eyes it is going to black out your vision for a period of 10 or 15 seconds which is plenty of time for the procedure to be done in that eye. This introduction has hopefully addressed the most common fears about the Lasik procedure. For anyone that might gain a better life quality with improved vision, please visit your local Lasik clinic and discuss the procedure in detail with the professionals there.

### About the Author

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