

Problems Of Hair Loss On Our Head

Lots of information talked about the hair on our heads concern beauty and not much about health.

It can be very difficult to think that once, we had spectacular looks because of our long and striking hair but not anymore because we lost it.

The hair in other parts of our bodies does not harm us because, in any case, it is a hygiene and beauty impediment to some women for instance and better of pulled out completely.

I mean who cares if hair did grow at all on our pubic and underarms parts or it just stopped to by itself, like they would of our baldheads?

If life would allow us to choose between baldheads and gray hair, am sure many would go with none of the above as their answer.

Unfortunately, any or both of the two are bound to happen at some point in our lives, at times too early to comprehend why!

Take for instance the children who at a very tender age have partly white/gray hair and partly black.

This surprises many and such children are used as rare genetic occurrences of having gray hair when young instead of during the old age.

At least it is easier to workout the problem with the common hair dyes and also with herbal cures that have been in the market for so long.

Some people are born with baldheads, others loose hair in various circumstances linked with their health conditions at some point and at some instances through burns.

I do not think hair can grow again from a burnt scalp but perhaps doctors can do a lot to reduce its loss in a normal one.

Lets start by finding out what causes hair loss

Every time we do our hair, a bunch of it is left stuck on the beauty tools used for this, especially for black man's hair, and it is normal.

The emphasis is put when we experience extreme hair loss that we are unable to control leave alone figuring out the reasons why it is happening to us.

From the myriad of data that I scrutinized, I found the following points given as potential reasons for excessive hair loss.

One is after a severe sickness or even a key surgery, where the loss of hair is connected to stress of being ill and might be just temporary.

Additionally, the dysfunction of the thyroid gland, causing hormonal alterations from the normal functioning can result to hair loss.

This should tell you that it could be corrected by having a thyroid checkup by your doctor.

Have you ever noticed that women loose hair approximately three months after their pregnancy?

Experts tie this temporary problem to the levels of pregnancy hormones being high, to cause the body to sustain hair that would ordinarily fall out later on, when they level down (after child birth).

But even with this, I still do not understand why some older women' hair keep on falling out especially by the hairlines.

Probably this is linked to old age illnesses like the diabetes or the lupus and only the doctors can verify this.

read the rest of the post following the link below

About the Author

An original article by Esteri Maina on [HAIR LOSS](#)

Source: <http://www.eatsee.com>